



# NATIONAL CONSORTIUM FOR Ph.D. IN NURSING

by

**INDIAN NURSING COUNCIL**

**In collaboration with**

**RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, Bangalore**



## LIST OF RESEARCH TOPICS FOR 18<sup>TH</sup> BATCH

S.No	Name of the Candidate	Research Topics	Seminar	Term paper-I	Term paper-II
1	Mr. Sajith Kumar PS	Effectiveness of Nurse-Led Group Therapy to Improve Social Skills and Reduction of Behavioural Problems Among Chronic Schizophrenic Patients in Selected Psychiatric Hospitals	Behavioural Problems of mentally ill	Negative symptoms in schizophrenia	Social skill training
2	Mr.Ganesh Hunashyal	Effectiveness of focused family interventions on anxiety, depression, self-esteem, and subjective wellbeing among the elderly residing at home.	Social security for elderly in India	Psychosocial problems in elderly	Family centred care of elderly
3	Ms. Anantha Priya V	Perception of parents and teachers regarding problematic Internet use, its impact on psychosocial health and evaluate the effects of nurse- led digital detoxification program on Problematic Internet Use and psychosocial health of adolescents in selected schools: A mixed method study	Problematic Internet use among adolescents and its implications	Digital detoxification	Role of Parents and teachers regarding problematic internet use among adolescent
4	Mr. Sandeep Kollipara	Lived experiences of psychiatric nurses about inpatient aggression with the aim to develop and evaluate the Nurses' capacity building module on managing traumatic experiences in terms of selected outcome parameters	Aggression, and its management	Psychiatric emergencies	Capacity building of psychiatric nurses in handling aggression

5	Ms.Reena George	Effect of genetic counselling on preparedness, resilience and adaptation of families of children with selected developmental disabilities attending Child Psychiatric Centres: A mixed method study.	Genetic counselling	Problems faced by families of children with developmental disabilities	Resilience and adaptation
6	Mr.Shamsad Salim PT	Relationship between mental health literacy, psychological help-seeking stigma, and professional help-seeking behaviour among school students with a view to develop and evaluate guidelines for promoting health seeking behaviour.	Mental health literacy	Theories related to Health promotion and health seeking behaviour	Stigma reduction and help seeking behaviour
7	Ms.Nabeel P	Knowledge, Utilization, satisfaction of utilization and Barriers of Non-Utilization regarding disability benefits among patients with mental illness attending selected mental health care centres	National Disability Acts and schemes	Barriers of non-utilization of disability benefit among mentally ill and role of mental health professionals	Utilization, and satisfaction of mentally ill patients and their families regarding disability benefits
8	Ms.Priyanka Malhotra	A randomized controlled trial to evaluate the effectiveness of skill enhancement training on selected parameters of deaddiction care by nurses working in de-addiction centre at selected tertiary care hospitals.	Deaddiction and rehabilitation programmes	Skill enhancement of nurses in deaddiction care	Strategies for prevention and management of addiction and recurrence
9	Ms.Pooja	A Cluster Randomized Controlled Trial to evaluate the Effectiveness of Millet Based Diet on the Specific Clinical Outcomes of Type -2 Diabetes among Adults attending the selected Urban Primary Health Centers (UPHCs).	National programmes for prevention and control of Diabetes	Dietary interventions for type II diabetes	Role of Millets in diabetes
10	Mr.Kanwar Singh	Effectiveness of Intra-Dialytic Exercise on Dialysis Adequacy, Biochemical Parameters, Physiological Variables, and Quality of Life among Hemodialysis Patients in Tertiary Care Centers."	Quality of life	Intra-Dialytic exercise	Bio Psychosocial health of patients undergoing hemodialysis

11	Ms. Surekha Ranjan	Exploration of physical, social and psychological concerns related to sexual health among physically challenged women with a view to develop health promotion module: A mixed method study	The rights of women with disabilities: Act and special schemes	Health promotion of physically challenged women	Bio psychosocial concerns related to sexual health of Physically challenged women
12	Ms.Usha Yadav	Experiences, satisfaction and quality of care with the use of safe delivery App among the community health workers working at selected health and wellness centres.	Use of Safe delivery App for training midwives.	Role of Community health workers in health and wellness centers	Maternal and new born services: quality of care and satisfaction
13	Ms. Sandhya C	Prevalence of metabolic syndrome and effectiveness of Nurse led lifestyle modification program on metabolic risk reduction in terms of knowledge, attitude, self-care practices and selected cardio metabolic parameters among NIDDM Patients	Metabolic syndrome	Lifestyle modification in NIDDM patients	Self care theories and models and their application
14	Ms. Emin Elsa Thomas	<b>Prevalence of common cancers and effectiveness of cancer screening programme on awareness, sensitization and utilization in a Rural Community.</b>	Common cancers among rural population	National cancer control programme	Current scenario of utilization of cancer screening programme
15	Ms. V.Komathi	Effectiveness of smartphone application-based self-care management on weight, lifestyle practices, psychological well-being, quality of life and selected outcomes of pregnancy among obese or overweight pregnant women at a selected hospital.	Obesity and its impact on pregnancy	Weight reduction strategies	Use of Digital technology for self care management during pregnancy
16	Ms. Thamarai Selvi PM	Prevalence of menstrual cup use among women of reproductive age group and exploration of user's experience, adaptability and efficacy with respect to menstrual cup versus sanitary napkins: A mixed method study	National menstrual hygiene policy and schemes	Use of Menstrual cup versus sanitary napkins	Menstrual hygiene and reproductive health

17	Ms. Justy Joy	Fertility risk status and effect of fertility health promotion programme on knowledge, attitude and risk reduction strategies among eligible couples	Fertility risks and its impact on eligible couples	Fertility risk reduction strategies	Preconception health
18	Ms. Bagavathi R	Perception, scope of practice and potential barriers in implementing Nurse Practitioner in Midwifery (NPM) programme among various health care professionals	Scope of practice for nurse practitioners in India	ICM standards and competencies for midwifery practice	NPM programme in India
19	Ms. Raksha Yadav	Awareness, utilization, and impact of Surakshit Matritva Aashwasan (SUMAN) Scheme among the beneficiaries from selected rural communities of Uttarakhand state: A mixed method study	Maternal health schemes in India	Guidelines on midwifery services in India	Current scenario in awareness and utilization of SUMAN scheme
20	Ms. Divya Devakumar	Comparison of health risks of women, quality of life and coping strategies of women and their spouses after surgical versus physiological menopause	Coping	Impact of Menopause on women's health	Perception and coping in spouses of menopausal women
21	Ms. Poonam	Effectiveness of competency enhancement program for ANMs in early recognition and timely management of obstetrical emergencies at different levels of health care	Obstetrical emergencies	Competency enhancement and its strategies	Competencies essential for ANMs in early recognition and timely management of obstetrical emergencies
22	Ms. Smitha Thomas	Determinants of organ donation and effectiveness of a sensitization program on the awareness and acceptance of Organ donation among general public residing in selected urban and rural area.	Organ donation	Nurses role in promoting organ donation	Attitude and beliefs related to organ donation in India
23	Ms. Uma Phalswal	Lived experiences of lower limb amputee patients with a view to develop and validate Disease 'Specific Quality of Life' tool (LLAS-QOL) at selected rehabilitation centers.	Tool development and validation	Rehabilitation of patients with lower limb amputation	Disease Specific Quality of life tools

24	Ms.Vandana	Effect of “Nurse-led transitional care program” on selected outcomes of Traumatic Brain Injury (TBI) survivors and their primary caregivers at a tertiary care center	Traumatic Brain Injury	Role of nurse in transitional care	Psychosocial support to primary care givers
25	Ms. Devanshi Chowdhary	Effectiveness of nurse led interventions on treatment adherence, readmissions, mortality, self-efficacy, functional disability, and quality of life of patients with Chronic Liver disease at a tertiary care hospital - A Randomized Control trial.	Chronic liver disease: an overview	Promoting Treatment adherence and self efficacy	Functional disabilities and quality of life of patients with chronic liver disease
26	Mr. Shrikant K Nair	Nurse Manager’s Emotional Intelligence and its relationship with the selected outcomes among Nurses and Patients:A mixed method approach	Emotional Intelligence	Enhancement of emotional intelligence in nursing	Emotional intelligence in nursing leadership and its outcomes
27	Ms. Nancy Kurien	Effectiveness of ‘Evidence-based Care Bundle about Self-care Management’ on selected outcomes of patients with systemic lupus erythematosus attending a tertiary care center	Evidence-based care bundle	Systemic Lupus Erythematosus	Adaptation to chronic illness
28	Ms. Ritu Yadav	Effectiveness of STEP (Supportive Transitional care Educational program) on transitional care readiness, self-care management skills, health related quality of life, and challenges among adolescents with selected chronic illnesses –A mixed method study.	Transitional care	Chronic illnesses in adolescents	Self care management
29	Ms. Neha	Development and Evaluation of self-care management programme on self-care ability and Quality of Life of children newly diagnosed with thalassemia admitted in a tertiary care hospital.	Thalassemia	Quality of life of children with chronic illnesses	Developmental needs of Thalassaemic children

30	Ms. Leena Pravil John	Development and evaluation of family resilience building program on psychosocial well-being, stigma, care givers burden and quality of life of parents of children with autism.	Autism	Needs of care givers of children with autism	Models of resilience building
31	Ms. J.Subbulakshmi	Satisfaction, quality of life and wellbeing after Gender-Affirming Surgeries among transgender and gender diverse (TGD) people in selected tertiary care hospital."	Health needs of transgenders	Gender affirming surgeries	Social security programmes for transgenders in India
32	Ms. Dhirja	Predictors of lactation failure among primi mothers and effectiveness of competency-based lactation reestablishment program on mothers' self-efficacy, satisfaction, confidence and selected neonatal outcomes	Lactation Failure	Needs of primi mothers	Impact of lactation reestablishment programme on maternal and neonatal outcome
33	Ms. Aswathi VR	Knowledge and attitude related to human milk donation, acceptance, ethical dilemmas, traditional beliefs, and challenges regarding human milk banking among mothers of neonates admitted in selected hospitals.	Human milk banking: Issues and challenges	Attitude and beliefs regarding human milk banking	Exclusive breast feeding
34	Ms. Sudipta Debnath	Effectiveness of Mindfulness-based Coping Strategies on Reactive and proactive aggression, Perspective-taking skills, and Externalizing problems among Adolescents with Cyberbullying Victimization, in selected schools	Cyberbullying and Victimization in adolescents	Mindfulness-based Coping Strategies	Adolescent empowerment to handle aggression
35	Ms. Sheeba Thaya Anandi S	Effectiveness of lifestyle intervention strategies on knowledge, life style practices and selected biophysical and biochemical parameters regarding the risk factors of sedentary life style among adults at urban community	Impact of sedentary lifestyle on health	Lifestyle intervention strategies to promote health	Urban life and its influence on health

36	Ms. Ancy M Das	Development and evaluation of End-of-life Care Nursing Protocol on Knowledge, Attitude, Self-efficacy and Quality of end of life care, among nurses working in selected settings	End of life care	Development of nursing protocol	Legal and ethical issues in end of life care
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**Thanking you,**

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***Dr. K. Reddemma, Nodal Officer  
for National Consortium  
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St. John's College of Nursing***